15th Diabetes and Cardiovascular Risk Factors

East Meets West Symposium

1 October 2013, Hong Kong

Important Dates:
- Deadline for Free Paper Submission: 23 August
- Deadline for Early-bird Registration: 31 August
- Deadline for Accommodation Reservation: 31 August

Registration Brochure

Organizers:
- Hong Kong Institute of Diabetes and Obesity
- The Chinese University of Hong Kong
- Hong Kong Foundation for Research and Development in Diabetes
- Hong Kong Association for the Study of Obesity
- Hong Kong Atherosclerosis Society
- MIMS (Hong Kong) Limited

www.eastmeetswest.org.hk
Welcome Message

We are pleased to announce that the 15th Diabetes & Cardiovascular Risk Factors – East Meets West (EMW) Symposium will be held on 1 October 2013 at the Hong Kong Convention and Exhibition Centre.

This meeting is jointly organized by the Hong Kong Institute of Diabetes and Obesity (HKIDO), The Chinese University of Hong Kong, the Hong Kong Foundation for Research and Development in Diabetes (HKFRDD), the Hong Kong Association for the Study of Obesity (HKASO), the Hong Kong Atherosclerosis Society (HKAS), and MIMS (Hong Kong) Limited (MIMS).

We have once again received support from many professional associations for this annual event. In addition to the topics on recent advances in diabetes, obesity and atherosclerosis, the highlights this year include Symposia on Metabolic Surgery and Diabetic Nephropathy in collaboration with Hong Kong Metabolic and Bariatric Surgery Workshop and Hong Kong Society of Nephrology respectively.

To uphold our tradition of holding the meeting on the China National Day which falls on a weekday this year, we have condensed the symposium to 1 day. We have prepared a comprehensive programme to address the educational needs of doctors, care professionals, clinical and scientific researchers.

As with previous years, we are expecting more than 700 delegates. Thus, do mark your calendar and join us for an update as well as meet old friends and make new ones. For our overseas delegates, we hope you will take the opportunity to enjoy the many contrasts of east and west of Hong Kong and the hospitality of her people.

Dr. June K. Y. Li
Chairman
Organizing Committee

Professor Alice P. S. Kong
Chairman
Scientific Committee
Organizers and Committees

Organizers

▶ Hong Kong Institute of Diabetes and Obesity, The Chinese University of Hong Kong
▶ Hong Kong Foundation for Research and Development in Diabetes
▶ Hong Kong Association for the Study of Obesity
▶ Hong Kong Atherosclerosis Society
▶ MIMS (Hong Kong) Limited

Organizing Committee

Chairman: June K. Y. Li
Co-chairman: Wing-yee So
Members:
- Juliana C. N. Chan
- Francis C. C. Chow
- Sylvia S. W. Lam
- K. F. Lee
- Brian Tomlinson
- Thomas Y. K. Chan
- Gary T. C. Ko
- K. P. Lau
- Andrea O. Y. Luk
- Rebecca Y. M. Wong
- Wing-bun Chan
- Alice P. S. Kong
- Winnie W. Y. Lau
- Ronald C. W. Ma
- Vincent T. F. Yeung

Scientific Committee

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Co-chairman: Brian Tomlinson
Members:
- Juliana C. N. Chan
- Clive Cockram
- Hui-yao Lan
- Ronald C. W. Ma
- Jean Woo
- Thomas Y. K. Chan
- Yu Huang
- Vivian W. Y. Lee
- Rebecca Y. M. Wong
- Aimin Xu
- Bernard M. Y. Cheung
- Sylvia S. W. Lam
- Andrea O. Y. Luk
- Simon K. H. Wong
- Gang Xu
Faculty

Juliana Chan, Hong Kong SAR
Nan Chen, China
Robert Chilton, USA
Christophe de Block, Belgium
Paola Fioretto, Italy
John Foreyt, USA
Edward Gregg, USA
Helena Gylling, Finland
Kazunori Kasama, Japan
Un I Kuok, Macau

Bonnie Kwan, Hong Kong SAR
Timothy Kwok, Hong Kong SAR
Vivian Lee, Hong Kong SAR
Wei-jej Lee, Taiwan
Jin-gang Liu, China
Andrea Luk, Hong Kong SAR
Roberto Minutolo, Italy
David Sullivan, Australia
Hung-fat Tse, Hong Kong SAR
Wu-chang Yang, Taiwan
**Programme**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
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<tbody>
<tr>
<td>09:30 – 10:00</td>
<td>Registration</td>
</tr>
<tr>
<td>10:00 – 10:15</td>
<td>Opening Ceremony</td>
</tr>
<tr>
<td>10:15 – 11:00</td>
<td>HKFRDD Plenary Lecture&lt;br&gt;<strong>Trajectories in Morbidity and the Characteristics of the Type 2 Diabetes Epidemic</strong>&lt;br&gt;<em>Dr. Edward Gregg, USA</em></td>
</tr>
<tr>
<td>11:00 – 11:30</td>
<td>Coffee Break, Poster Viewing and Exhibition</td>
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<tr>
<td>11:30 – 12:50</td>
<td>HKFRDD Symposium&lt;br&gt;<strong>Emerging Epidemics of Young-onset Diabetes</strong>&lt;br&gt;<em>Dr. Andrea Luk, Hong Kong SAR</em>&lt;br&gt;<strong>Diabetes and Dementia</strong>&lt;br&gt;<em>Professor Timothy Kuvok, Hong Kong SAR</em>&lt;br&gt;<strong>Anemia Management in Diabetic Patients with Chronic Kidney Disease</strong>&lt;br&gt;<em>Professor Roberto Minutolo, Italy</em>&lt;br&gt;<strong>Metabolic Surgery Symposium</strong>&lt;br&gt;(Co-organized with Hong Kong Metabolic &amp; Bariatric Surgery Workshop)&lt;br&gt;<strong>Unmet Needs in Diabetes – a Pathophysiological Perspective</strong>&lt;br&gt;<em>Professor Juliana Chan, Hong Kong SAR</em>&lt;br&gt;<strong>Metabolic Surgery – Option for Type 2 Diabetes?</strong>&lt;br&gt;<em>Dr. Kazunori Kasama, Japan</em>&lt;br&gt;<strong>Development of Metabolic and Bariatric Surgery in Mainland China</strong>&lt;br&gt;<em>Professor Jin-gang Liu, China</em>&lt;br&gt;<strong>Surgical Treatment of Diabetes: Analyses of Asia Diabetes Surgery Study (ADSS) Data</strong>&lt;br&gt;<em>Professor Wei-jei Lee, Taiwan</em></td>
</tr>
<tr>
<td>12:50 – 13:30</td>
<td>Mini-buffet Lunch, Poster Viewing and Exhibition</td>
</tr>
<tr>
<td>13:30 – 14:30</td>
<td>Lunch Symposium on Trajenta (BI and Eli Lilly)&lt;br&gt;<strong>DPP4 Inhibitors</strong>&lt;br&gt;<em>Professor Paola Fioretti, Italy</em>&lt;br&gt;<strong>Insulin Therapy - a Practical Approach from Initiation to Intensification</strong>&lt;br&gt;<em>Professor Christophe de Block, Belgium</em>&lt;br&gt;<strong>Lunch Symposium (Bristol-Myers Squibb)</strong>&lt;br&gt;<strong>Type 2 Diabetes and Cardiovascular Risk Correlation</strong>&lt;br&gt;<em>Speaker TBC</em></td>
</tr>
<tr>
<td>14:30 – 15:15</td>
<td>HKASO Plenary Lecture&lt;br&gt;<strong>Low Calorie Sweeteners and Health: Science and Controversy</strong>&lt;br&gt;<em>Dr. John Foyet, USA</em>&lt;br&gt;<strong>Diabetic Nephropathy Symposium</strong>&lt;br&gt;(Co-organized with Hong Kong Society of Nephrology)&lt;br&gt;<strong>Diagnosis and Treatment on Thrombosis and Prethrombosis Status of Diabetic Kidney Disease</strong>&lt;br&gt;<em>Professor Nan Chen, China</em>&lt;br&gt;<strong>Structured and Standard Care in Diabetic Nephropathy: Comparison on Outcomes</strong>&lt;br&gt;<em>Professor Bonnie Kwan, Hong Kong SAR</em>&lt;br&gt;<strong>Treatment Dilemma in Diabetic Patients with Chronic Kidney Disease</strong>&lt;br&gt;<em>Professor Wu-chang Yang, Taiwan</em>&lt;br&gt;<strong>Cardiovascular Risk in Chronic Kidney Disease: Optimal Management Strategies</strong>&lt;br&gt;<em>Dr. Un I Kuok, Macau</em></td>
</tr>
<tr>
<td>15:15 – 16:35</td>
<td>HKASO Symposium&lt;br&gt;<strong>Obesity and Inflammatory Markers</strong>&lt;br&gt;<em>Professor Christophe de Block, Belgium</em>&lt;br&gt;<strong>Cardiovascular Risk Factors Management and Obesity Treatment - Pharmacist’s Perspectives</strong>&lt;br&gt;<em>Professor Vivian Lee, Hong Kong SAR</em>&lt;br&gt;<strong>Targeting Incretins Pathway for Cardiometabolic Benefits</strong>&lt;br&gt;<em>Speaker TBC</em></td>
</tr>
<tr>
<td>16:35 – 17:05</td>
<td>Coffee Break, Poster Viewing and Exhibition</td>
</tr>
<tr>
<td>17:05 – 17:50</td>
<td>HKAS Plenary Lecture&lt;br&gt;<strong>Statin Treatment and Beyond</strong>&lt;br&gt;<em>Dr. David Sullivan, Australia</em></td>
</tr>
<tr>
<td>17:50 – 19:10</td>
<td>HKAS Symposium&lt;br&gt;<strong>The Role of Plant Stanol Ester in the Dietary Management of Dyslipidemia</strong>&lt;br&gt;<em>Professor Helena Gylling, Finland</em>&lt;br&gt;<strong>Diabetes and Hypertension</strong>&lt;br&gt;<em>Dr. Robert Chilton, USA</em>&lt;br&gt;<strong>Vitamin D and Vascular Function in Diabetic Patients</strong>&lt;br&gt;<em>Professor Hung-fat Tse, Hong Kong SAR</em></td>
</tr>
<tr>
<td>19:10 – 19:15</td>
<td>Closing Remarks and Presentation of Best Poster Award</td>
</tr>
</tbody>
</table>
Call for Papers

The Scientific Committee welcomes the submission of abstracts on selected topics to the symposium. Accepted abstracts will be published in the Programme Book which will be distributed to all delegates. The Committee reserves the right to reject abstracts and edit the language.

Application

Only Poster Presentation will be offered. Abstract submission MUST be done online. All free paper presenters are required to register with the symposium for presenting their works.

Submission

▶ Authors should complete registrations before the submission of abstracts.
▶ Authors are requested to fill out the Abstract Submission Form online.
▶ Authors who wish to submit more than one abstract should fill out a separate submission form.
▶ Abstracts should be typed single-spaced in MS Word format in English using 12-point font of Regular Times New Roman in not more than 300 words. Authors must type their initials and last name, but not degrees, titles or institutional appointments. The author’s full name must be exactly the same on all submission forms, when more than one abstract is submitted. The presenter of the paper must have his/her last name mentioned first and underlined. Authors must indicate the name and address of the institution where the work was carried out.
▶ Authors must arrange the text as follows:
  a. Purpose of the study
  b. Methods
  c. Summary of the results
  d. Conclusions
▶ Authors must use standard abbreviations and place a special or unusual abbreviation in parentheses after the full word the first time it appears.
▶ Simple tables or graphs (in black ink) may be included.

Topic for Abstract Submission

You may select one of the following topics for your paper:

1. Diabetes
2. Obesity
3. Atherosclerosis

Selection Criteria

The selection of abstracts by the Scientific Committee will be based on the following criteria, which will be assessed with equal weighting:

i. Scientific rationale and clinical relevance of the objectives
ii. Innovation and originality of the project
iii. Appropriateness of the methodology, data analysis and conclusion
iv. Clarity of presentation

Best Poster Presentation

Winner for Best Poster presentation: USD 500
1st Runner-up: USD 300
2nd Runner-up: USD 200

Submission Deadline

23 August 2013

Notification of Acceptance

6 September 2013
Registration Information

<table>
<thead>
<tr>
<th>Category</th>
<th>Early-bird Rate (on or before 31 August 2013)</th>
<th>Normal Rate (after 31 August 2013)</th>
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</thead>
<tbody>
<tr>
<td>Delegates from Hong Kong or Macau</td>
<td></td>
<td></td>
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<tr>
<td>Medical Professionals</td>
<td>HKD 700</td>
<td>HKD 1,100</td>
</tr>
<tr>
<td>Allied Healthcare and other Professionals</td>
<td>HKD 400</td>
<td>HKD 600</td>
</tr>
<tr>
<td>Medical Students*</td>
<td>HKD 200</td>
<td>HKD 300</td>
</tr>
<tr>
<td>Delegates from Supporting Organizations</td>
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<tr>
<td>Medical Professionals</td>
<td>HKD 550</td>
<td>HKD 800</td>
</tr>
<tr>
<td>Allied Healthcare and other Professionals</td>
<td>HKD 300</td>
<td>HKD 500</td>
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<tr>
<td>Delegates from outside Hong Kong and Macau</td>
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<tr>
<td>All Categories</td>
<td>HKD 1,600</td>
<td>HKD 2,400</td>
</tr>
</tbody>
</table>

* Medical Student – A copy of current student card for verification is required.

Registration Procedures

Registration must be made on the official registration form or online. Payment can be made either by credit card via online registration on www.eastmeetswest.org.hk, or local cheque and bank draft in HK Dollars. Payment must be made payable to “MIMS Events (Hong Kong) Ltd – EMW”. For credit card payment, only Visa or Master cards will be accepted.

Registration form and payment must be sent to the secretariat:

**EMW 2013 Secretariat**
MIMS (Hong Kong) Limited
27/F., OTB Building
160 Gloucester Road, Wanchai
Hong Kong

Registration Entitlements

Each registered delegate will receive a registration confirmation. With this confirmation, he/she will be invited to participate in all scientific sessions, exhibition, satellite symposia, coffee breaks and lunch. A copy of the programme book and certificate of attendance will also be given to each registered delegate.

Cancellation and Refund

Written notice of cancellation must be received on or before 15 September 2013 by e-mail or fax to the secretariat. The registration fee, after deducting 50% administrative charge, will be refunded within two months after the symposium.

There will be no refund for notice of cancellation received after 15 September 2013. However, substitute of participant is allowed, subject to approval by the Organizers. Please send substitute’s details in writing to the secretariat on or before 15 September 2013. No substitution will be accepted after 15 September 2013.

Accommodation

Please visit www.eastmeetswest.org.hk for more information.

Secretariat

MIMS (Hong Kong) Limited
27/F., OTB Building, 160 Gloucester Road, Wanchai, Hong Kong
Tel: (852) 2155 8557  Fax: (852) 2559 6910  E-mail: info@eastmeetswest.org.hk
Website: www.eastmeetswest.org.hk
Supporting Organizations

Asia Diabetes Foundation

Hong Kong Society of Endocrinology, Metabolism and Reproduction

Asian-Pacific Society of Atherosclerosis and Vascular Disease

Hong Kong Society of Nephrology

Association of Hong Kong Diabetes Nurses

International Podiatrists Association of Hong Kong

Department of Health

The Hong Kong Geriatrics Society

Diabetes Hongkong

The Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong

Hong Kong College of Cardiology

The Society of Hospital Pharmacists of Hong Kong

Hong Kong Dietitians Association

The Society of Physicians of Hong Kong

Venue
Hong Kong Convention and Exhibition Centre
1 Expo Drive, Wanchai, Hong Kong
Website: www.hkcec.com
15th Diabetes and Cardiovascular Risk Factors –
East Meets West Symposium
1 October 2013, Hong Kong

REGISTRATION FORM (PLEASE TYPE OR PRINT CLEARLY IN BLOCK LETTERS)

Title: ☐ Professor ☐ Dr. ☐ Mr. ☐ Ms.
First Name: ___________________________ Last Name: ___________________________
Job Title: ___________________________ Department: ___________________________
Hospital/Clinic: ___________________________
Address: ________________________________________________________________
Country: __________________________________ Tel: ___________________________
Fax: ___________ E-mail: ___________________________

Please "✓" the category which best describes your profession:
☐ Academic ☐ Administrative ☐ Allied Healthcare Professional ☐ Dietitian/Nutritionist ☐ Medical Practitioner
☐ Nurse ☐ Pharmacist ☐ Physiotherapist ☐ Podiatrist ☐ Scientist ☐ Technologist ☐ Others, please specify:

Please specify your specialty (if any):

Please "✓" to indicate how you learnt about this symposium (you can "✓" more than one choice):

Advertisement: ☐ JPOG ☐ Medical Tribune
E-news: □ EMW ☐ JPOG ☐ Medical Tribune ☐ MIMS
Website: □ www.eastmeetswest.org.hk □ www.MIMS.com □ Others, please specify:
Others: ☐ Past Participant ☐ Direct Mailing ☐ Friends and Colleagues
☐ Poster at Hospitals ☐ Others, please specify:

Registration

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* Supporting Organizations – Asia Diabetic Foundation, Asian-Pacific Society of Atherosclerosis and Vascular Disease, Association of Hong Kong Diabetes Nurses, Department of Health, Diabetes Hongkong, Hong Kong College of Cardiology, Hong Kong Dietitians Association, Hong Kong Society of Endocrinology, Metabolism and Reproduction, Hong Kong Society of Nephrology, International Podiatrists Association of Hong Kong, The Hong Kong Geriatrics Society, The Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong, The Society of Hospital Pharmacists of Hong Kong, The Society of Physicians of Hong Kong. The discounted rate is only applicable to individual registration (i.e. not by sponsors).
**HOTEL RESERVATION FORM** *(PLEASE TYPE OR PRINT CLEARLY IN BLOCK LETTERS)*

<table>
<thead>
<tr>
<th>Accommodation</th>
<th>Room Type and Room Rate (per night)</th>
<th>Number of Room</th>
<th>Total Amount (HKD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Renaissance Harbour View Hotel</td>
<td>Garden View Room HKD 2,145</td>
<td>_____ Single Room(s) / _____ Double Room(s)</td>
<td></td>
</tr>
<tr>
<td>The Harbourview</td>
<td>Standard Room HKD 1,320</td>
<td>_____ Single Room(s) / _____ Double Room(s)</td>
<td></td>
</tr>
</tbody>
</table>

**Flight Details**

Arrival Date (dd/mm): _______________ Flight No: _______________
Departure Date (dd/mm): _______________ Flight No: _______________
Number of Nights Required: _______________

The above rates are inclusive of service charge and government tax. Breakfast is not included.

**Grand Total:**

HKD _______________ + HKD _______________ = HKD _______________
(Meeting) (Accommodation) (Total)

**Payment Methods**

Please complete the registration form and return it with the bank draft or local cheque to EMW 2013 Secretariat: MIMS (Hong Kong) Limited, 27/F, OTB Building, 160 Gloucester Road, Wan Chai, Hong Kong. Payment must be made payable to “MIMS Events (Hong Kong) Ltd – EMW”.

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| Signature: ____________________________ Date: ____________________________ |